Why plants in the classroom?

1. Lower stress
2. Increase attentiveness
3. Reduce anxiety
4. Improve concentration, memory, reaction time, and creativity
5. Lower blood pressure (systolic)
6. Purify the air of toxins
7. Improve attendance
8. Raise productivity
9. Improve well-being, boost your mood
10. Provide a sense of connectedness
11. Improve perceptions of the space
12. Increase teacher job satisfaction

Together, let's bring the benefits of plants to your school
aplantineveryclassroom.org